

**What is your role in AMP?**

	n	%
AMP youth age 21 and under	30	33%
AMP facilitator / support person	32	35%
AMP volunteer / community member	30	33%
Total	92	100%

**What is your Youth Council location?**

	n	%
Ames	8	9%
Burlington	8	9%
Cedar Rapids	10	11%
Council Bluffs	6	7%
Davenport	7	8%
Des Moines	6	7%
Dubuque	1	1%
Eldora	1	1%
Fort Dodge	6	7%
Iowa City	6	7%
Marshalltown	6	7%
Mason City	8	9%
Ottumwa	9	10%
Sioux City	4	4%
Waterloo	6	7%
Total	92	100%

**How long have you been involved with AMP?**

	n	%
Less than 6 months	16	17%
6-12 months	17	18%
More than 1 year	59	64%
Total	92	100%

**Table 1. Exploration and Reflection In AMP - All**

All Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
1. The activities encourage curiosity and exploration.	3 3.4%	1 1.1%	2 2.3%	1 1.1%	18 20.5%	63 71.6%	88
2. The activities are based on an interactive "hands on" approach to learning: youth "learn by doing."	3 3.4%	1 1.1%	2 2.3%	2 2.3%	28 31.8%	52 59.1%	88
3. Youth get to explore a variety of life situations, view points, and cultures.	3 3.4%	1 1.1%	0 0.0%	5 5.7%	24 27.3%	55 62.5%	88
4. There is time for participants to discuss and reflect on experiences with other youth.	3 3.4%	1 1.1%	2 2.3%	1 1.1%	14 15.9%	67 76.1%	88
5. There is time for youth to discuss and reflect on experiences with program staff.	3 3.4%	1 1.1%	2 2.3%	1 1.1%	21 23.9%	60 68.2%	88
6. The activities and level of instruction are appropriate to youths' abilities.	3 3.5%	1 1.2%	2 2.3%	2 2.3%	17 19.8%	61 70.9%	86

<b>Construct Means: Exploration and Reflection</b>			
Respondents	Mean	S.D.	n
All	5.45	1.05	88
Youth	5.42	1.05	29
Facilitators	5.53	0.78	29
Volunteers	5.40	1.28	30

**Table 1a. Exploration and Reflection In AMP - Youth**

Youth Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
1. The activities encourage curiosity and exploration.	1 3.4%	0 0.0%	1 3.4%	1 3.4%	5 17.2%	21 72.4%	29
2. The activities are based on an interactive "hands on" approach to learning: youth "learn by doing."	1 3.4%	0 0.0%	1 3.4%	1 3.4%	10 34.5%	16 55.2%	29
3. Youth get to explore a variety of life situations, view points, and cultures.	1 3.4%	0 0.0%	0 0.0%	2 6.9%	7 24.1%	19 65.5%	29
4. There is time for participants to discuss and reflect on experiences with other youth.	1 3.4%	0 0.0%	2 6.9%	1 3.4%	2 6.9%	23 79.3%	29
5. There is time for youth to discuss and reflect on experiences with program staff.	0 0.0%	1 3.4%	2 6.9%	0 0.0%	6 20.7%	20 69.0%	29
6. The activities and level of instruction are appropriate to youths' abilities.	1 3.4%	0 0.0%	1 3.4%	2 6.9%	7 24.1%	18 62.1%	29

**Table 1b. Exploration and Reflection In AMP - Facilitators**

Facilitator Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
1. The activities encourage curiosity and exploration.	0 0.0%	1 3.4%	0 0.0%	0 0.0%	8 27.6%	20 69.0%	29
2. The activities are based on an interactive "hands on" approach to learning: youth "learn by doing."	0 0.0%	1 3.4%	0 0.0%	1 3.4%	10 34.5%	17 58.6%	29
3. Youth get to explore a variety of life situations, view points, and cultures.	0 0.0%	1 3.4%	0 0.0%	1 3.4%	10 34.5%	17 58.6%	29
4. There is time for participants to discuss and reflect on experiences with other youth.	0 0.0%	1 3.4%	0 0.0%	0 0.0%	6 20.7%	22 75.9%	29
5. There is time for youth to discuss and reflect on experiences with program staff.	1 3.4%	0 0.0%	0 0.0%	1 3.4%	9 31.0%	18 62.1%	29
6. The activities and level of instruction are appropriate to youths' abilities.	0 0.0%	1 3.7%	0 0.0%	0 0.0%	7 25.9%	19 70.4%	27

**Table 1c. Exploration and Reflection In AMP - Volunteers**

Volunteer Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
1. The activities encourage curiosity and exploration.	2 6.7%	0 0.0%	1 3.3%	0 0.0%	5 16.7%	22 73.3%	30
2. The activities are based on an interactive "hands on" approach to learning: youth "learn by doing."	2 6.7%	0 0.0%	1 3.3%	0 0.0%	8 26.7%	19 63.3%	30
3. Youth get to explore a variety of life situations, view points, and cultures.	2 6.7%	0 0.0%	0 0.0%	2 6.7%	7 23.3%	19 63.3%	30
4. There is time for participants to discuss and reflect on experiences with other youth.	2 6.7%	0 0.0%	0 0.0%	0 0.0%	6 20.0%	22 73.3%	30
5. There is time for youth to discuss and reflect on experiences with program staff.	2 6.7%	0 0.0%	0 0.0%	0 0.0%	6 20.0%	22 73.3%	30
6. The activities and level of instruction are appropriate to youths' abilities.	2 6.7%	0 0.0%	1 3.3%	0 0.0%	3 10.0%	24 80.0%	30

**Table 2. Expression and Creativity In AMP - All**

All Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
7. Youth can express themselves through music, drama, creative writing, or public speaking.	4 4.5%	1 1.1%	0 0.0%	7 8.0%	24 27.3%	52 59.1%	88
8. There are opportunities for youth to make choices and decisions about the things they want to do.	2 2.3%	2 2.3%	1 1.1%	1 1.1%	25 28.4%	57 64.8%	88
9. Youth are able to express their ideas, concerns, and opinions.	4 4.5%	0 0.0%	0 0.0%	1 1.1%	11 12.5%	72 81.8%	88

**Construct Means: Expression and Creativity**

Respondents	Mean	S.D.	n
All	5.46	1.05	88
Youth	5.51	0.97	29
Facilitators	5.52	0.89	29
Volunteers	5.36	1.26	30

**Table 2a. Expression and Creativity In AMP - Youth**

Youth Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
7. Youth can express themselves through music, drama, creative writing, or public speaking.	1 3.4%	0 0.0%	0 0.0%	3 10.3%	5 17.2%	20 69.0%	29
8. There are opportunities for youth to make choices and decisions about the things they want to do.	0 0.0%	1 3.4%	1 3.4%	1 3.4%	8 27.6%	18 62.1%	29
9. Youth are able to express their ideas, concerns, and opinions.	1 3.4%	0 0.0%	0 0.0%	1 3.4%	3 10.3%	24 82.8%	29

**Table 2b. Expression and Creativity In AMP - Facilitators**

Facilitator Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
7. Youth can express themselves through music, drama, creative writing, or public speaking.	1 3.4%	1 3.4%	0 0.0%	1 3.4%	10 34.5%	16 55.2%	29
8. There are opportunities for youth to make choices and decisions about the things they want to do.	0 0.0%	1 3.4%	0 0.0%	0 0.0%	9 31.0%	19 65.5%	29
9. Youth are able to express their ideas, concerns, and opinions.	1 3.4%	0 0.0%	0 0.0%	0 0.0%	3 10.3%	25 86.2%	29

**Table 2c. Expression and Creativity In AMP - Volunteers**

Volunteer Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
7. Youth can express themselves through music, drama, creative writing, or public speaking.	2 6.7%	0 0.0%	0 0.0%	3 10.0%	9 30.0%	16 53.3%	30
8. There are opportunities for youth to make choices and decisions about the things they want to do.	2 6.7%	0 0.0%	0 0.0%	0 0.0%	8 26.7%	20 66.7%	30
9. Youth are able to express their ideas, concerns, and opinions.	2 6.7%	0 0.0%	0 0.0%	0 0.0%	5 16.7%	23 76.7%	30

**Table 3. Contribution and Service In AMP - All**

All Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
10. Youth are encouraged to "give back to AMP" through volunteering and service.	2 2.3%	2 2.3%	2 2.3%	10 11.4%	24 27.3%	48 54.5%	88
11. Youth are encouraged to "give back to the larger community" through volunteering and service.	1 1.1%	4 4.6%	3 3.4%	7 8.0%	25 28.7%	47 54.0%	87
12. Youth engage in civic involvement, such as letter writing campaigns, committee membership, voter registration drives, etc.	0 0.0%	5 5.7%	3 3.4%	11 12.6%	30 34.5%	38 43.7%	87

**Construct Means: Contribution and Service**

Respondents	Mean	S.D.	n
All	5.17	1.07	88
Youth	5.26	1.14	29
Facilitators	5.10	0.87	29
Volunteers	5.14	1.20	30



**Table 3a. Contribution and Service In AMP - Youth**

Youth Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
10. Youth are encouraged to "give back to AMP" through volunteering and service.	0 0.0%	1 3.4%	1 3.4%	3 10.3%	6 20.7%	18 62.1%	29
11. Youth are encouraged to "give back to the larger community" through volunteering and service.	0 0.0%	2 6.9%	2 6.9%	0 0.0%	6 20.7%	19 65.5%	29
12. Youth engage in civic involvement, such as letter writing campaigns, committee membership, voter registration drives, etc.	0 0.0%	2 7.1%	3 10.7%	1 3.6%	6 21.4%	16 57.1%	28

**Table 3b. Contribution and Service In AMP - Facilitators**

Facilitator Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
10. Youth are encouraged to "give back to AMP" through volunteering and service.	1 3.4%	0 0.0%	0 0.0%	4 13.8%	8 27.6%	16 55.2%	29
11. Youth are encouraged to "give back to the larger community" through volunteering and service.	0 0.0%	1 3.6%	0 0.0%	4 14.3%	11 39.3%	12 42.9%	28
12. Youth engage in civic involvement, such as letter writing campaigns, committee membership, voter registration drives, etc.	0 0.0%	1 3.4%	0 0.0%	6 20.7%	17 58.6%	5 17.2%	29

**Table 3c. Contribution and Service In AMP - Volunteers**

Volunteer Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
10. Youth are encouraged to "give back to AMP" through volunteering and service.	1 3.3%	1 3.3%	1 3.3%	3 10.0%	10 33.3%	14 46.7%	30
11. Youth are encouraged to "give back to the larger community" through volunteering and service.	1 3.3%	1 3.3%	1 3.3%	3 10.0%	8 26.7%	16 53.3%	30
12. Youth engage in civic involvement, such as letter writing campaigns, committee membership, voter registration drives, etc.	0 0.0%	2 6.7%	0 0.0%	4 13.3%	7 23.3%	17 56.7%	30

**Table 4. Part Time Employment In AMP - All**

All Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
14. Youth have the opportunity to develop and practice job-related skills.	2 2.3%	3 3.5%	2 2.3%	12 14.0%	29 33.7%	38 44.2%	86

**Construct Means: Part Time Employment**

Respondents	Mean	S.D.	n
All	5.06	1.17	86
Youth	5.10	1.29	29
Facilitators	5.00	1.07	27
Volunteers	5.07	1.17	30

**Table 4a. Part Time Employment In AMP - Youth**

Youth Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
14. Youth have the opportunity to develop and practice job-related skills.	1 3.4%	1 3.4%	1 3.4%	3 10.3%	8 27.6%	15 51.7%	29

**Table 4b. Part Time Employment In AMP - Facilitators**

Facilitator Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
14. Youth have the opportunity to develop and practice job-related skills.	1 3.7%	0 0.0%	0 0.0%	5 18.5%	12 44.4%	9 33.3%	27

**Table 4c. Part Time Employment In AMP - Volunteers**

Volunteer Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
14. Youth have the opportunity to develop and practice job-related skills.	0 0.0%	2 6.7%	1 3.3%	4 13.3%	9 30.0%	14 46.7%	30

**Table 5. Group Membership In AMP - All**

All Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
15. Youth and adults work together to plan activities.	4 4.5%	1 1.1%	0 0.0%	2 2.3%	28 31.8%	53 60.2%	88
16. Youth contribute ideas for activities, which are accepted and implemented.	3 3.4%	1 1.1%	1 1.1%	3 3.4%	22 25.0%	58 65.9%	88
17. Youth are encouraged to play an active leadership role.	3 3.4%	1 1.1%	0 0.0%	7 8.0%	14 16.1%	62 71.3%	87
18. Youth are aware of how the program is funded.	5 5.7%	2 2.3%	5 5.7%	22 25.3%	18 20.7%	35 40.2%	87
19. Youth participate in fund-raising activities.	6 7.6%	3 3.8%	7 8.9%	14 17.7%	18 22.8%	31 39.2%	79
20. The youth feel a sense of unity and teamwork within the group.	1 1.1%	3 3.4%	2 2.3%	4 4.6%	24 27.6%	53 60.9%	87
21. The group uses symbols (t-shirts, caps, slogans, etc.) to build a sense of group identity.	2 2.3%	2 2.3%	3 3.4%	6 6.9%	21 24.1%	53 60.9%	87
22. Youth participate without fear of being excluded or intimidated by other youth.	1 1.1%	3 3.4%	1 1.1%	1 1.1%	15 17.0%	67 76.1%	88

**Construct Means: Group Membership**

Respondents	Mean	S.D.	n
All	5.25	1.04	88
Youth	5.34	1.06	29
Facilitators	5.16	0.87	29
Volunteers	5.25	1.19	30

**Table 5a. Group Membership In AMP - Youth**

Youth Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
15. Youth and adults work together to plan activities.	1 3.4%	1 3.4%	0 0.0%	1 3.4%	5 17.2%	21 72.4%	29
16. Youth contribute ideas for activities, which are accepted and implemented.	1 3.4%	0 0.0%	1 3.4%	2 6.9%	6 20.7%	19 65.5%	29
17. Youth are encouraged to play an active leadership role.	1 3.4%	0 0.0%	0 0.0%	3 10.3%	5 17.2%	20 69.0%	29
18. Youth are aware of how the program is funded.	2 6.9%	0 0.0%	2 6.9%	4 13.8%	3 10.3%	18 62.1%	29
19. Youth participate in fund-raising activities.	2 7.1%	0 0.0%	2 7.1%	1 3.6%	8 28.6%	15 53.6%	28
20. The youth feel a sense of unity and teamwork within the group.	0 0.0%	1 3.4%	1 3.4%	2 6.9%	7 24.1%	18 62.1%	29
21. The group uses symbols (t-shirts, caps, slogans, etc.) to build a sense of group identity.	1 3.4%	0 0.0%	2 6.9%	1 3.4%	6 20.7%	19 65.5%	29
22. Youth participate without fear of being excluded or intimidated by other youth.	0 0.0%	1 3.4%	1 3.4%	1 3.4%	5 17.2%	21 72.4%	29

**Table 5b. Group Membership In AMP - Facilitators**

Facilitator Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
15. Youth and adults work together to plan activities.	1 3.4%	0 0.0%	0 0.0%	0 0.0%	14 48.3%	14 48.3%	29
16. Youth contribute ideas for activities, which are accepted and implemented.	0 0.0%	1 3.4%	0 0.0%	0 0.0%	9 31.0%	19 65.5%	29
17. Youth are encouraged to play an active leadership role.	0 0.0%	1 3.6%	0 0.0%	2 7.1%	5 17.9%	20 71.4%	28
18. Youth are aware of how the program is funded.	2 6.9%	0 0.0%	2 6.9%	13 44.8%	5 17.2%	7 24.1%	29
19. Youth participate in fund-raising activities.	3 12.5%	1 4.2%	3 12.5%	8 33.3%	5 20.8%	4 16.7%	24
20. The youth feel a sense of unity and teamwork within the group.	0 0.0%	1 3.4%	1 3.4%	1 3.4%	10 34.5%	16 55.2%	29
21. The group uses symbols (t-shirts, caps, slogans, etc.) to build a sense of group identity.	0 0.0%	1 3.4%	1 3.4%	4 13.8%	8 27.6%	15 51.7%	29
22. Youth participate without fear of being excluded or intimidated by other youth.	0 0.0%	1 3.4%	0 0.0%	0 0.0%	5 17.2%	23 79.3%	29

**Table 5c. Group Membership In AMP - Volunteers**

Volunteer Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
15. Youth and adults work together to plan activities.	2 6.7%	0 0.0%	0 0.0%	1 3.3%	9 30.0%	18 60.0%	30
16. Youth contribute ideas for activities, which are accepted and implemented.	2 6.7%	0 0.0%	0 0.0%	1 3.3%	7 23.3%	20 66.7%	30
17. Youth are encouraged to play an active leadership role.	2 6.7%	0 0.0%	0 0.0%	2 6.7%	4 13.3%	22 73.3%	30
18. Youth are aware of how the program is funded.	1 3.4%	2 6.9%	1 3.4%	5 17.2%	10 34.5%	10 34.5%	29
19. Youth participate in fund-raising activities.	1 3.7%	2 7.4%	2 7.4%	5 18.5%	5 18.5%	12 44.4%	27
20. The youth feel a sense of unity and teamwork within the group.	1 3.4%	1 3.4%	0 0.0%	1 3.4%	7 24.1%	19 65.5%	29
21. The group uses symbols (t-shirts, caps, slogans, etc.) to build a sense of group identity.	1 3.4%	1 3.4%	0 0.0%	1 3.4%	7 24.1%	19 65.5%	29
22. Youth participate without fear of being excluded or intimidated by other youth.	1 3.3%	1 3.3%	0 0.0%	0 0.0%	5 16.7%	23 76.7%	30



**Table 6. Nurturance and Friendship In AMP - All**

All Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
23. Caring adults are readily available to provide guidance and support to youth.	4 4.5%	0 0.0%	1 1.1%	2 2.3%	8 9.1%	73 83.0%	88
24. There is trust among staff, volunteers, and youth.	3 3.4%	1 1.1%	1 1.1%	1 1.1%	15 17.0%	67 76.1%	88
25. Youth have the time to make friends with each other.	3 3.4%	2 2.3%	1 1.1%	5 5.7%	17 19.5%	59 67.8%	87
26. Adults always listen to youth and care about what they say.	3 3.4%	1 1.1%	1 1.1%	0 0.0%	14 15.9%	69 78.4%	88
27. Adults refrain from ordering or threatening youth.	4 4.5%	0 0.0%	1 1.1%	0 0.0%	10 11.4%	73 83.0%	88
28. Staff members get to know youth, learning their names and interacting with them.	2 2.3%	2 2.3%	0 0.0%	1 1.1%	15 17.0%	68 77.3%	88
29. There are opportunities for adults and youth to celebrate successes and achievements.	2 2.3%	2 2.3%	1 1.1%	2 2.3%	12 13.6%	69 78.4%	88

**Construct Means: Nurturance and Friendship**

Respondents	Mean	S.D.	n
All	5.56	1.05	88
Youth	5.47	1.02	29
Facilitators	5.74	0.81	29
Volunteers	5.49	1.28	30

**Table 6a. Nurturance and Friendship In AMP - Youth**

Youth Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
23. Caring adults are readily available to provide guidance and support to youth.	1 3.4%	0 0.0%	1 3.4%	1 3.4%	4 13.8%	22 75.9%	29
24. There is trust among staff, volunteers, and youth.	1 3.4%	0 0.0%	1 3.4%	0 0.0%	7 24.1%	20 69.0%	29
25. Youth have the time to make friends with each other.	1 3.4%	1 3.4%	1 3.4%	3 10.3%	7 24.1%	16 55.2%	29
26. Adults always listen to youth and care about what they say.	1 3.4%	0 0.0%	1 3.4%	0 0.0%	9 31.0%	18 62.1%	29
27. Adults refrain from ordering or threatening youth.	1 3.4%	0 0.0%	1 3.4%	0 0.0%	3 10.3%	24 82.8%	29
28. Staff members get to know youth, learning their names and interacting with them.	0 0.0%	1 3.4%	0 0.0%	1 3.4%	6 20.7%	21 72.4%	29
29. There are opportunities for adults and youth to celebrate successes and achievements.	0 0.0%	1 3.4%	1 3.4%	1 3.4%	4 13.8%	22 75.9%	29

**Table 6b. Nurturance and Friendship In AMP - Facilitators**

Facilitator Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
23. Caring adults are readily available to provide guidance and support to youth.	1 3.4%	0 0.0%	0 0.0%	0 0.0%	1 3.4%	27 93.1%	29
24. There is trust among staff, volunteers, and youth.	0 0.0%	1 3.4%	0 0.0%	0 0.0%	3 10.3%	25 86.2%	29
25. Youth have the time to make friends with each other.	0 0.0%	1 3.6%	0 0.0%	2 7.1%	4 14.3%	21 75.0%	28
26. Adults always listen to youth and care about what they say.	0 0.0%	1 3.4%	0 0.0%	0 0.0%	1 3.4%	27 93.1%	29
27. Adults refrain from ordering or threatening youth.	1 3.4%	0 0.0%	0 0.0%	0 0.0%	3 10.3%	25 86.2%	29
28. Staff members get to know youth, learning their names and interacting with them.	0 0.0%	1 3.4%	0 0.0%	0 0.0%	3 10.3%	25 86.2%	29
29. There are opportunities for adults and youth to celebrate successes and achievements.	0 0.0%	1 3.4%	0 0.0%	1 3.4%	2 6.9%	25 86.2%	29

**Table 6c. Nurturance and Friendship In AMP - Volunteers**

Volunteer Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
23. Caring adults are readily available to provide guidance and support to youth.	2 6.7%	0 0.0%	0 0.0%	1 3.3%	3 10.0%	24 80.0%	30
24. There is trust among staff, volunteers, and youth.	2 6.7%	0 0.0%	0 0.0%	1 3.3%	5 16.7%	22 73.3%	30
25. Youth have the time to make friends with each other.	2 6.7%	0 0.0%	0 0.0%	0 0.0%	6 20.0%	22 73.3%	30
26. Adults always listen to youth and care about what they say.	2 6.7%	0 0.0%	0 0.0%	0 0.0%	4 13.3%	24 80.0%	30
27. Adults refrain from ordering or threatening youth.	2 6.7%	0 0.0%	0 0.0%	0 0.0%	4 13.3%	24 80.0%	30
28. Staff members get to know youth, learning their names and interacting with them.	2 6.7%	0 0.0%	0 0.0%	0 0.0%	6 20.0%	22 73.3%	30
29. There are opportunities for adults and youth to celebrate successes and achievements.	2 6.7%	0 0.0%	0 0.0%	0 0.0%	6 20.0%	22 73.3%	30

**Table 7. Emotional Safety In AMP - All**

All Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
30. There are clear rules dealing with bullying and other forms of physical or verbal abuse.	2 2.3%	3 3.4%	0 0.0%	4 4.6%	12 13.8%	66 75.9%	87
31. Adults model appropriate ways of dealing with anger, frustration, and conflict.	4 4.6%	0 0.0%	1 1.1%	3 3.4%	13 14.9%	66 75.9%	87
32. Youth are encouraged to try out new activities without fear of being criticized if they make mistakes.	2 2.3%	2 2.3%	1 1.2%	4 4.7%	10 11.6%	67 77.9%	86

**Construct Means: Emotional Safety**

Respondents	Mean	S.D.	n
All	5.53	1.08	87
Youth	5.46	1.03	29
Facilitators	5.66	0.88	29
Volunteers	5.47	1.31	29

**Table 7a. Emotional Safety In AMP - Youth**

Youth Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
30. There are clear rules dealing with bullying and other forms of physical or verbal abuse.	0 0.0%	2 6.9%	0 0.0%	2 6.9%	2 6.9%	23 79.3%	29
31. Adults model appropriate ways of dealing with anger, frustration, and conflict.	1 3.4%	0 0.0%	1 3.4%	1 3.4%	8 27.6%	18 62.1%	29
32. Youth are encouraged to try out new activities without fear of being criticized if they make mistakes.	0 0.0%	1 3.6%	1 3.6%	2 7.1%	4 14.3%	20 71.4%	28

**Table 7b. Emotional Safety In AMP - Facilitators**

Facilitator Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
30. There are clear rules dealing with bullying and other forms of physical or verbal abuse.	0 0.0%	1 3.4%	0 0.0%	1 3.4%	6 20.7%	21 72.4%	29
31. Adults model appropriate ways of dealing with anger, frustration, and conflict.	1 3.4%	0 0.0%	0 0.0%	1 3.4%	2 6.9%	25 86.2%	29
32. Youth are encouraged to try out new activities without fear of being criticized if they make mistakes.	0 0.0%	1 3.4%	0 0.0%	1 3.4%	3 10.3%	24 82.8%	29

**Table 7c. Emotional Safety In AMP - Volunteers**

Volunteer Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
30. There are clear rules dealing with bullying and other forms of physical or verbal abuse.	2 6.9%	0 0.0%	0 0.0%	1 3.4%	4 13.8%	22 75.9%	29
31. Adults model appropriate ways of dealing with anger, frustration, and conflict.	2 6.9%	0 0.0%	0 0.0%	1 3.4%	3 10.3%	23 79.3%	29
32. Youth are encouraged to try out new activities without fear of being criticized if they make mistakes.	2 6.9%	0 0.0%	0 0.0%	1 3.4%	3 10.3%	23 79.3%	29

**Table 8. High Expectations In AMP - All**

All Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
33. There are consistent messages about how to participate and succeed in the program.	3 3.4%	1 1.1%	2 2.3%	3 3.4%	15 17.2%	63 72.4%	87
34. Youth are expected to set goals, action plans, and benchmarks for their own success.	2 2.4%	2 2.4%	2 2.4%	5 5.9%	25 29.4%	49 57.6%	85
35. High expectations are set for all young people, with different ways to show success.	1 1.2%	3 3.5%	1 1.2%	5 5.8%	21 24.4%	55 64.0%	86

**Construct Means: High Expectations**

Respondents	Mean	S.D.	n
All	5.40	1.05	87
Youth	5.43	1.00	29
Facilitators	5.45	0.86	29
Volunteers	5.32	1.27	29

**Table 8a. High Expectations In AMP - Youth**

Youth Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
33. There are consistent messages about how to participate and succeed in the program.	1 3.4%	0 0.0%	1 3.4%	2 6.9%	4 13.8%	21 72.4%	29
34. Youth are expected to set goals, action plans, and benchmarks for their own success.	0 0.0%	1 3.4%	1 3.4%	2 6.9%	7 24.1%	18 62.1%	29
35. High expectations are set for all young people, with different ways to show success.	0 0.0%	1 3.4%	1 3.4%	1 3.4%	7 24.1%	19 65.5%	29

**Table 8b. High Expectations In AMP - Facilitators**

Facilitator Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
33. There are consistent messages about how to participate and succeed in the program.	0 0.0%	1 3.4%	0 0.0%	0 0.0%	7 24.1%	21 72.4%	29
34. Youth are expected to set goals, action plans, and benchmarks for their own success.	1 3.6%	0 0.0%	0 0.0%	2 7.1%	10 35.7%	15 53.6%	28
35. High expectations are set for all young people, with different ways to show success.	0 0.0%	1 3.4%	0 0.0%	2 6.9%	9 31.0%	17 58.6%	29

**Table 8c. High Expectations In AMP - Volunteers**

Volunteer Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
33. There are consistent messages about how to participate and succeed in the program.	2 6.9%	0 0.0%	1 3.4%	1 3.4%	4 13.8%	21 72.4%	29
34. Youth are expected to set goals, action plans, and benchmarks for their own success.	1 3.6%	1 3.6%	1 3.6%	1 3.6%	8 28.6%	16 57.1%	28
35. High expectations are set for all young people, with different ways to show success.	1 3.6%	1 3.6%	0 0.0%	2 7.1%	5 17.9%	19 67.9%	28



**Table 9. Standards and Boundaries In AMP - All**

All Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
36. Youth are given clear messages about rules and expectations, and the consequences for not following them.	2 2.3%	2 2.3%	1 1.2%	2 2.3%	20 23.3%	59 68.6%	86
37. Program rules and disciplinary consequences are enforced in a fair way.	3 3.5%	1 1.2%	2 2.4%	2 2.4%	16 18.8%	61 71.8%	85
38. Youth help to set the rules and the consequences for not following them.	2 2.4%	2 2.4%	2 2.4%	7 8.3%	21 25.0%	50 59.5%	84

**Construct Means: Standards and Boundaries**

Respondents	Mean	S.D.	n
All	5.42	1.05	86
Youth	5.40	0.95	29
Facilitators	5.52	0.85	29
Volunteers	5.33	1.32	28

**Table 9a. Standards and Boundaries In AMP - Youth**

Youth Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
36. Youth are given clear messages about rules and expectations, and the consequences for not following them.	0 0.0%	1 3.4%	1 3.4%	1 3.4%	5 17.2%	21 72.4%	29
37. Program rules and disciplinary consequences are enforced in a fair way.	0 0.0%	1 3.4%	2 6.9%	1 3.4%	7 24.1%	18 62.1%	29
38. Youth help to set the rules and the consequences for not following them.	0 0.0%	1 3.7%	1 3.7%	2 7.4%	8 29.6%	15 55.6%	27

**Table 9b. Standards and Boundaries In AMP - Facilitators**

Facilitator Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
36. Youth are given clear messages about rules and expectations, and the consequences for not following them.	0 0.0%	1 3.4%	0 0.0%	0 0.0%	9 31.0%	19 65.5%	29
37. Program rules and disciplinary consequences are enforced in a fair way.	1 3.6%	0 0.0%	0 0.0%	0 0.0%	4 14.3%	23 82.1%	28
38. Youth help to set the rules and the consequences for not following them.	0 0.0%	1 3.4%	0 0.0%	4 13.8%	7 24.1%	17 58.6%	29

**Table 9c. Standards and Boundaries In AMP - Volunteers**

Volunteer Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
36. Youth are given clear messages about rules and expectations, and the consequences for not following them.	2 7.1%	0 0.0%	0 0.0%	1 3.6%	6 21.4%	19 67.9%	28
37. Program rules and disciplinary consequences are enforced in a fair way.	2 7.1%	0 0.0%	0 0.0%	1 3.6%	5 17.9%	20 71.4%	28
38. Youth help to set the rules and the consequences for not following them.	2 7.1%	0 0.0%	1 3.6%	1 3.6%	6 21.4%	18 64.3%	28

**Table 10. Strategic Support Through Transitions In AMP - All**

All Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
39. There are opportunities for youth to take on new roles and responsibilities within the program when they are ready.	3 3.4%	1 1.1%	1 1.1%	6 6.9%	17 19.5%	59 67.8%	87
40. Staff actively link youth to new opportunities in the program, when they are ready.	2 2.3%	2 2.3%	2 2.3%	2 2.3%	20 23.0%	59 67.8%	87
41. Staff actively link youth to other opportunities in the community as they prepare to leave the program.	3 3.5%	0 0.0%	3 3.5%	4 4.7%	17 20.0%	58 68.2%	85

**Construct Means: Strategic Supports through Transitions**

Respondents	Mean	S.D.	n
All	5.43	1.06	87
Youth	5.43	1.14	29
Facilitators	5.48	0.90	29
Volunteers	5.38	1.16	29

**Table 10a. Strategic Support Through Transitions In AMP - Youth**

Youth Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
39. There are opportunities for youth to take on new roles and responsibilities within the program when they are ready.	1 3.4%	0 0.0%	1 3.4%	3 10.3%	4 13.8%	20 69.0%	29
40. Staff actively link youth to new opportunities in the program, when they are ready.	1 3.4%	1 3.4%	1 3.4%	0 0.0%	6 20.7%	20 69.0%	29
41. Staff actively link youth to other opportunities in the community as they prepare to leave the program.	1 3.6%	0 0.0%	0 0.0%	3 10.7%	3 10.7%	21 75.0%	28

**Table 10b. Strategic Support Through Transitions In AMP - Facilitators**

Facilitator Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
39. There are opportunities for youth to take on new roles and responsibilities within the program when they are ready.	1 3.4%	0 0.0%	0 0.0%	1 3.4%	8 27.6%	19 65.5%	29
40. Staff actively link youth to new opportunities in the program, when they are ready.	0 0.0%	1 3.4%	0 0.0%	0 0.0%	10 34.5%	18 62.1%	29
41. Staff actively link youth to other opportunities in the community as they prepare to leave the program.	1 3.6%	0 0.0%	1 3.6%	0 0.0%	7 25%	19 67.9%	28

**Table 10c. Strategic Support Through Transitions In AMP - Volunteers**

Volunteer Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
39. There are opportunities for youth to take on new roles and responsibilities within the program when they are ready.	1 3.4%	1 3.4%	0 0.0%	2 6.9%	5 17.2%	20 69.0%	29
40. Staff actively link youth to new opportunities in the program, when they are ready.	1 3.4%	0 0.0%	1 3.4%	2 6.9%	4 13.8%	21 72.4%	29
41. Staff actively link youth to other opportunities in the community as they prepare to leave the program.	1 3.4%	0 0.0%	2 6.9%	1 3.4%	7 24.1%	18 62.1%	29

**Table 11. Working for Change In AMP - All**

All Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
42. AMP youth voices are having an impact on legislation and/or legislators.	3 3.5%	2 2.4%	1 1.2%	4 4.7%	17 20.0%	58 68.2%	85
43. AMP youth voices are having an impact on juvenile court policies and procedures.	2 2.3%	3 3.5%	1 1.2%	10 11.6%	23 26.7%	47 54.7%	86
44. AMP youth are having an impact on DHS policies and procedures.	3 3.5%	2 2.4%	3 3.5%	7 8.2%	16 18.8%	54 63.5%	85

**Construct Means: Working for Change**

Respondents	Mean	S.D.	n
All	5.29	1.16	86
Youth	5.29	1.28	29
Facilitators	5.31	0.97	28
Volunteers	5.29	1.23	29

**Table 11a. Working for Change In AMP - Youth**

Youth Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
42. AMP youth voices are having an impact on legislation and/or legislators.	1 3.4%	1 3.4%	1 3.4%	1 3.4%	5 17.2%	20 69.0%	29
43. AMP youth voices are having an impact on juvenile court policies and procedures.	1 3.4%	1 3.4%	1 3.4%	3 10.3%	5 17.2%	18 62.1%	29
44. AMP youth are having an impact on DHS policies and procedures.	1 3.6%	1 3.6%	1 3.6%	2 7.1%	3 10.7%	20 71.4%	28

**Table 11b. Working for Change In AMP - Facilitators**

Facilitator Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
42. AMP youth voices are having an impact on legislation and/or legislators.	1 3.6%	0 0.0%	0 0.0%	2 7.1%	6 21.4%	19 67.9%	28
43. AMP youth voices are having an impact on juvenile court policies and procedures.	0 0.0%	1 3.6%	0 0.0%	5 17.9%	10 35.7%	12 42.9%	28
44. AMP youth are having an impact on DHS policies and procedures.	1 3.6%	0 0.0%	0 0.0%	3 10.7%	8 28.6%	16 57.1%	28

**Table 11c. Working for Change In AMP - Volunteers**

Volunteer Respondents	Strongly Disagree	Mostly Disagree	Disagree a Little	Agree a Little	Mostly Agree	Strongly Agree	Total Responses
42. AMP youth voices are having an impact on legislation and/or legislators.	1 3.6%	1 3.6%	0 0.0%	1 3.6%	6 21.4%	19 67.9%	28
43. AMP youth voices are having an impact on juvenile court policies and procedures.	1 3.4%	1 3.4%	0 0.0%	2 6.9%	8 27.6%	17 58.6%	29
44. AMP youth are having an impact on DHS policies and procedures.	1 3.4%	1 3.4%	2 6.9%	2 6.9%	5 17.2%	18 62.1%	29

## COMMENTS (n=27)

This is an excellent program. I cannot say enough good things about it and the impact it is having on kids. It is very humbling listening to their stories. I think DHS staff need to be mandated to attend. They could all use this.

[Name] a wonderful job at choosing activities that are also learning experiences.

AMP truly helps me emotionally I am so lucky for this opportunity to be part pf AMP.

[Name] does an amazing job facilitating the AMP group.

every year amp group goes to desmoines and talks to the legislators about the foster care program and we give them advice on what they should do to change/fix things in the program.

They always do good to the kids, plus they all have a great impact on the kids life. Also we do a lot of fun stuff, plus also we go to a lot of fun stuff,like we went bulling for a Holiday.We have a lot of fun with AMP leaders,So thanks to the AMP leaders for helping us do good.Also thanks for not being thee for us.We really do like you guys.Thanks!

Watching [Name and Name] in action with the youth is a great experience. It is clear the youth like them and that the adults like the youth.

I like having people care about foster and adopted people

A great addition to [location] YSS!

AMP is an amazing program! I have watched my foster daughter go from no friends to AMP friends to making friends on her own. This is a huge step for her. We thank you everyday for this program.

There was one question that talked whether or not I thought the consequences were appropriate. I feel like the consequences at AMP should be more strict due to a lot of talking that happens when it shouldn't during AMP presentations. I also want to thank Rachelle and Shelby for everything they do and also Junior League and the other staff.

hahaha I answered them all honestly

Several of my youth have written letters and attended AMP on the Hill to ask for what they need.

I am happy with my Amp Leaders. I like how they always talk about different things each meeting.

I have learned a lot from AMP, and I am glad that I have had the opportunity to be involved. Thanks so much for all that AMP does for the youth that are in need.

I love all the amps i have been too. I want to shout out to say that [Name] is a very good leader.

While I've only been involved with AMP since January, I am confident in the difference the program is making in the lives of all involved, youth as well as adult mentors and volunteers. I am a member of a local service organization, and after just one visit to an AMP meeting, we were so impressed and inspired that we decided to focus much of our volunteer/service time on supporting this great program.

I have worked with the AMP group once on poetry and will return again to do journal writing. The students seemed interested in doing some of their own writing. [Name] is an excellent group leader and the kids were delighted to help make part of the village which will be on display at the [location].

I really like amp it has helped me a lot to get away and have fun and play games.

I think amp is a good thing for kids to go to and learn new stuff.

I would like to see the staff at AMP to ask the kids that are at AMP to ask them what game they want to play and then the staff can decide the game of what the kids choose together as a group.

AMP has provided me with lots of opportunities to speak and tell my story!

AMP is an awesome resource to youth going through the foster/adopt systems. They are supported and get to interact with youth in similar situations and support each other. As well, the youth get to make a difference for themselves and other youth by being involved in changing rules and laws to make the foster/adopt experience more positive; through this they also feel empowered. AMP rocks!